

Relentlessly towards Excellence

RAJAGIRI COLLEGE OF SOCIAL SCIENCES (AUTONOMOUS)

इजाराज इबलचर

AN INITIATIVE OF THE DEPARTMENT OF SOCIAL WORK



VOLUME 1, ISSUE 2
JULY 2022

Ban Single-Use Plastic Campaign (Kakkannam Ee Mannine)

Jointly organized by Malayala Manorama (MM), Bharat Petroleum Corporation Limited (BPCL), Department of Social Work- Rajagiri College of Social Sciences (Autonomous), and Rajagiri OutREACH

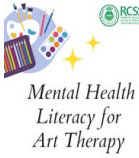
On account of the strict enforcement by the State Government, of the ban on the manufacture, import, stocking, distribution, sale, and use of certain single-use plastic products from July 1st, 2022, a campaign titled “Kakkannam Ee Mannine” was jointly organized by Malayala Manorama (MM), Bharat Petroleum Corporation Limited (BPCL), Department of Social Work-Rajagiri College of Social Sciences (Autonomous), and Rajagiri OutREACH to reach various schools in Ernakulam District with the message on the adverse effects of plastic, (especially the single-use plastic products).

This was a week-long programme starting from 5th July 2022 to 12th July 2022 where the students of the Social Work Department (MSW 2nd years, BSW 3rd years, and BSW 2nd years) reached 60 Schools in various parts of the

District (CBSE, State, and Aided) covering a total of 1 lakh students between the 6th to 8th standards. Street Play was conducted in each school, followed by a quiz and poster presentation displaying the banned plastic products. The Inauguration Ceremony was conducted at Government Higher Secondary School for Girls on the 15th of July 2022, inaugurated by the prominent Film Director Shri. Lal Jose. The Valedictory Ceremony was conducted at Cochin Refineries School, Thiruvaniyur on 16th July 2022 with the presence of a list of eminent personalities including Shri P. Vijayan IPS (IG of Kerala Coastal Police), Dr. Beena Vijayan IAS, Shri. Hibi Eden (MP, Ernakulam), Shri. Benny Behanan (MP, Chalakkudy) and other senior officials from BPCL, Malayala Manorama and Rajagiri College of Social Sciences (Autonomous).



Mental Health Literacy Through Art Therapy



Mental Health Literacy for Art Therapy

Objectives

- To make social work students mental health literates
- Introduce the field of Art therapy



Course Outcome

- Recognize and identify people showing the signs and symptoms of mental disorders
- Refer and connect them to qualified mental health professionals
- Educate and Promote help seeking attitude and behaviour
- Reduce stigma and encourage positive attitude towards mental health
- Maintain self-care
- Introduction to Art therapy



Conducted by:



LIFE (Live it Fully Everyday) Center in the college, a space for enriching and fulfilling LIFE conducted a session for the students of MSW 2nd year. The session was on Mental Health Literacy through Art Therapy on 6th July 2022. The session focused on introducing the field of Art therapy and making social work students mental health literates.



Paper Bag Making (Skill Training Session)



The ENCON club organized a skill training program that provided training for the students of both BSW 2nd and 3rd years to make paper bags. The event, which was conducted as a part of Paper-Bag Day, was held on 7th July 2022 at Chavara hall (old block) of the college. There were

nearly 100 participants from both batches. The outcome of the event was that 180 paper bags were skillfully made with utmost professionalism.



Swachhata Pakhwada: Cleanliness Fortnight



As part of the Swachhata Pakhwada mission, the Indian Corporation Ltd., Kochi Corporation, Rajagiri outreach, and the Encon Club and NSS Volunteers of Rajagiri College of Social Sciences (Autonomous) volunteered to clean the Kaniyampuzha Bridge premises, near Vyttila Hub, Division 49, Kochi Corporation on 9th July 2022. The volunteers gathered plastic waste from the place while the cleaning workers came and collected the waste. The Indian Oil Corporation Ltd. also distributed saplings to the volunteers who then planted the saplings there. Swachhata Pakhwada started in April 2016 with the objective of bringing a fortnight of intense focus on the issues and practices of Swachhata by engaging GOI Ministries/Departments in their jurisdictions.



Malala Day: Tableau Competition

"When the whole world is silent, even one voice becomes powerful"



As part of the observance of Malala day, the JUNIOR SWARAJ conducted a tableau competition on 12th July 2022 at the Chavara Hall. The program coordinator, Sr. Bincy Maria, and all the BSW 2nd and 3rd year students were present for the program.



World Population Day: Debate Competition

NSS volunteers celebrated world population day on 13th July 2022 by organizing a debate on the topic "Impact of Population Growth" in the presence of the NSS program officers Dr. Giji George and Mr. Vineeth U. V.



Marriage From Bonding To Bondage

Our College in association with the Indian Psychiatric Society, South Zonal Branch, arranged a session under the guidance of the SAMANWI COMMITTEE on Perspective on Marital Discord by Legal and Mental Health Experts, "Marriage from Bonding to Bondage." The session was conducted online on 17 July 2022 from 7 pm to 8:30 pm in the presence of the SAMANWI Committee members,

and the resource persons included secretary Dr. D.G. Suresh Kumar. Family as a social institution and different perspectives of different people towards marriage, including its legal aspects, were the main focus. The participants were teachers and students from the Social Work Department.



'Tring a Smile'



'Tring a Smile' program was conducted on 25th July 2022 at Grand Hyatt Kochi Bolgatty. Donation of 1000 bicycles to needy girl students celebrating the visit of Rotary International President Jennifer E. Jones. Five Rotaractors volunteered in the event on behalf of Rajagiri College of Social Sciences (Autonomous).



Alumni Engagement



A session was arranged for the MSW 2nd year students with Mr. Rajendran who is an alumnus of the department. Mr. Rajendran now a politician, and part of a tribal community shared about how his initiatives and efforts helped him to bring a mobile tower to his village and how it helped the

community to communicate effectively with others. The session was very encouraging for the students.

Faculty Editors:

Dr. Fr. Joseph M. K. (HOD, Dept. of Social Work)

Mr. Mathew T. John (Dept. of Social Work)

Editors:

Sneha Elizabeth, Yashna Ann Jacob, Manjusha Sharon

Mammen, Gayathri Suresh Kumar (BSW 3rd Year)

Ann Mariya Joji (BSW 2nd Year), Achsa T. Sunny, Srishti

Sharma (MSW 2nd Year)

Designers:

Athul Amamkottil, Amala Teresa Mathew (BSW 2nd Year)

